

<i>Course and Title</i>	<i>Sem. Hours</i>	<i>Min. Grade</i>	<i>Course and Title</i>	<i>Sem. Hours</i>	<i>Min. Grade</i>
YEAR ONE – Semester 1			YEAR ONE – Semester 2		
ENGL 101, English Composition I	3.0	C	ENGL 102, English Composition II	3.0	C
PSYC 102, Intro to Psychology	3.0		CMST 101, Intro to Oral Communication	3.0	
MATH 108, College Algebra	3.0		HND 101, Personal Nutrition	2.0	
ZOOL 115, General Biology	3.0		PHSL 201/208, Human Physiology/Lab	4.0	
UNIV 101, Saluki Success	1.0		KIN 201, Movement Science	3.0	
	13.0			15.0	
YEAR TWO – Semester 1			YEAR TWO – Semester 2		
ACCT 220, Accounting I – Financial	3.0		CS 200B, Computer Concepts	3.0	
CHEM 140A, Chemistry	4.0		CHEM 140B, Chemistry	4.0	
KIN 300, Musculoskeletal Anatomy	3.0		KIN 320, Exercise Physiology	3.0	
KIN 313, Motor Behavior	3.0		UCC Humanities	3.0	
KIN 324, Essentials of Athletic Injury Mgmt	3.0		UCC Social Science	3.0	
	16.0			16.0	
YEAR THREE – Semester 1			YEAR THREE – Semester 2		
KIN 321, Biomechanics of Human Movement	3.0		KIN 382, Cardiovascular Test/Exercise	3.0	
KIN 381, Exercise and Nutrition	3.0		KIN 342, Pharmacology for Sport Prof	3.0	
MGMT 304, Intro to Management	3.0		KIN 355F, Practicum: Exercise Science	2.0	
UCC Fine Arts	3.0		KIN 318, Behavior Aspects of Exercise	3.0	
UCC Multicultural	3.0		General Elective	3.0	
	15.0			14.0	
YEAR FOUR – Semester 1			YEAR FOUR – Semester 2		
PHYS 101, Physics that Changed the World	3.0		KIN 428, Phys Act/Exercise in Older Adults	3.0	
KIN 420, Advanced Exercise Physiology	3.0		QUAN 402, Basic Statistics	3.0	
KIN 421, Principles of Skeletal Muscle Action	3.0		General Elective	3.0	
KIN 408, Advanced Exercise Prescription	3.0		General Elective	3.0	
General Elective	4.0		General Elective	3.0	
	16.0			15.0	

Total Hours: 120

Academic policies as well as degree and major-specific requirements can be found at catalog.siu.edu. All students are encouraged to meet with the academic advisor on a regular basis to ensure timely progress to degree.

University Core Curriculum (UCC) is satisfied with the transfer of an Associate of Art or Sciences (AA or AS) degree or the completion of the Illinois Articulation Initiative-General Education Core Curriculum (IAI-GECC) from an Illinois community college.